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Message from Senator Kearney

The outbreak of COVID-19, or coronavirus, has presented many challenges for all of us. But we are all in this together. Below you will find information and resources to support our families and communities during this time. Stay safe and stay healthy.



My Thoughts on the Pandemic

The past few months have been gut-wrenching for Pennsylvania and the nation. I recently wrote an op-ed in the Delaware County Daily Times about how we will get through this pandemic. Read my thoughts [here](#).

Unemployment Benefits for Self-Employed and Gig Workers



PANDEMIC UNEMPLOYMENT ASSISTANCE

IS NOW LIVE!

**Self-employed workers, gig workers,
and 1099-independent workers
can now complete their weekly
certification and receive benefits**

 pua.benefits.uc.pa.gov 

Pennsylvania's Pandemic Unemployment Assistance (PUA) system is now fully operational. Self-employed workers, gig workers, and 1099-independent workers can now complete their weekly certification and receive benefits. File [here](#).

Foreclosures & Evictions Suspended Til July 10



Families shouldn't have to worry about losing their home during a pandemic. On May 7, Governor Wolf has signed an executive order protecting Pennsylvanians from foreclosures and evictions until July 10.

Create Cards & Signs for Nursing Homes



CARDS & SIGNS FOR LONG-TERM CARE FACILITIES

Show your support and gratitude to residents and staff at our long-term care facilities.

Cards and signs can be addressed to "LTC residents" or "LTC employee" and mailed to:

**IAE Foundation
2545 Market Street
Aston, PA 19014**



This has been an incredibly difficult time for our long-term care facilities. Create a card or sign for residents and staff to show your support and gratitude. Address items to "LTC residents" or "LTC employee" and mail to:

IAE Foundation
2545 Market Street
Aston, PA 19014

Grants for Chester County Small Businesses

**COMMISSIONERS ESTABLISH
MAIN STREET PRESERVATION GRANT PROGRAM
UP TO \$25,000 IN FUNDING FOR
SMALL BUSINESSES AND
AG ENTERPRISES AFFECTED BY COVID-19**

agricultural enterprises impacted by COVID-19. The Main Street Preservation Program will provide grants of up to \$25,000 and will accept applications on May 11 between 5:00 am and 9:00 pm. Click [here](#) for more information.

Mental Health Resources



**IT'S OKAY TO
ASK FOR HELP**

If you or someone you know is experiencing a **mental health crisis**, contact the crisis text line by **texting PA to 741-741**.



May is Mental Health Awareness Month. This has been a particularly difficult time for everyone, and many are struggling even harder with fear and anxiety. I encourage you to take time to take care of your mental health and check out these resources:

- PA Support & Referral Helpline: 1-855-284-2494
- National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
- Línea Nacional de Prevención del Suicidio: 1-888-628-9454
- Crisis Text Line: Text "PA" to 741-741
- Safe2Say: 1-844-723-2729 or <http://safe2saypa.org>
- Veteran Crisis Line: 1-800-273-TALK (8255)
- Disaster Distress Helpline: 1-800-985-5990
- Get Help Now Hotline (for substance use disorders): 1-800-662-4357
- Pennsylvania Sexual Assault Helpline: 1-888-772-7227 or <https://pcar.org/help-in-pa>
- National Domestic Violence Hotline: 1-800-799-7233 or <http://PCADV.org>
- United Way of Pennsylvania: Text your zip code to 898-211 or visit <http://uwp.org/211gethelp>
- Comprehensive mental health resources for PA: <https://www.dhs.pa.gov/Services/Mental-Health-In-PA/Pages/default.aspx>

Stay Updated

Stay informed via the [Pennsylvania Department of Health](#), [Delaware County](#) and [Chester County](#) websites. Please follow me on [Facebook](#) and [Twitter](#) for updates. While my district offices in Springfield and Upper Darby are temporarily closed, you can call us at 610-544-6120 if you need services and we will do our best to help you.

150 S. State Road 1 Suite 101
Springfield, PA 19064
Phone: 610-544-6120
Fax: 610-544-6140
Mon.-Fri.: 8:30 am – 4:30 pm

51 Long Lane
Upper Darby, PA 19082
Phone: 610-352-3409
Fax: 610-352-3641
Mon.-Thurs.: 8:30 am – 4:30 pm

465 Main Capitol Building
Harrisburg, PA 17120-3026
Phone: 717-787-1350
Fax: 717-787-0196
Mon.-Fri.: 8:30 am – 4:30 pm

Easttown Mobile Office

Easttown Library
720 First Avenue
Berwyn, PA 19312
2nd Wed. of the month: 1 pm – 3 pm