



# REPRODUCTIVE HEALTHCARE as a HUMAN RIGHT

## Action & Resource Guide

### Educate yourself and others:

- **Follow websites/social media and learn** from leading organizations in the abortion care, reproductive health and reproductive justice space.
- **Become informed about the history** and fight for abortion access reproductive justice in the U.S.
- **Stigma bust by talking about abortion** with people around you.

### LINKS:

- *Reproductive Justice (Sister Song)*: [www.sistersong.net/reproductive-justice](http://www.sistersong.net/reproductive-justice)
- *4,000 Years of Abortion History*: [thenib.com/4-000-years-of-abortion-history/](http://thenib.com/4-000-years-of-abortion-history/)
- *Heart to Heart Abortion Conversations*: [abortionfunds.org/heart-to-heart/](http://abortionfunds.org/heart-to-heart/)
- *Women's Law Project*: [www.womenslawproject.org/](http://www.womenslawproject.org/)

.....

### Resource abortion care:

Now more than ever, individuals seeking abortions will need **financial and logistical support** to access care. Help individuals in your area pay for abortions and travel expenses by contributing to national or local abortion funds. **Raise funds** to support these causes by hosting gatherings online or in-person, having a bake sale, or simply donate money as a recurring donor and encourage others to do the same.

- **Abortion Liberation Fund of PA** - Provides emergency financial support to people who live in or live elsewhere and are having an abortion in the following PA counties: Philadelphia, Bucks, Chester, Delaware, Montgomery, Berks, Lehigh, Luzerne, York, and Dauphin.
- **New Voices for Reproductive Justice #SayHERName Fund** - Provides up to \$1,000 to cover unexpected expenses associated with sudden/tragic loss for Black mamas, women, femmes and gender-expansive people and their families who have been impacted by violence.

- **National Abortion Federation** - Information about financial assistance is available only at 1-800-772-9100. Ask the clinic you are going to if they are a member of NAF before calling for financial assistance.

#### LINKS:

- **Abortion Liberation Fund of PA:** [abortionfundpa.org](http://abortionfundpa.org)
- **New Voices of Reproductive Justice #SayHERName Fund:**  
[newvoicesrj.org/wp-content/uploads/2022/06/SayHERName-Justice-Fund-one-pager-V2.pdf?emci=f81e05af-dce1-ec11-b656-281878b85110&emdi=72b2ce0f-4ce7-ec11-b656-281878b85110&ceid=4830392](http://newvoicesrj.org/wp-content/uploads/2022/06/SayHERName-Justice-Fund-one-pager-V2.pdf?emci=f81e05af-dce1-ec11-b656-281878b85110&emdi=72b2ce0f-4ce7-ec11-b656-281878b85110&ceid=4830392)



### Show Up:

- **Keep building your knowledge** about abortion resources in your community so that you can provide good information to individuals that are seeking abortion care, and support those organizations caring for patients.
- **Sign up to become a safety escort** at a Pennsylvania clinic. Help your friends, family members, neighbors and community **register to vote** and show up on election day. **Support events** that raise funds and awareness about the importance of abortion care and the resources available.



### Other Helpful Links:

- **Philadelphia Women's Center**  
[www.thewomenscenter.com/philadelphiawomenscenter/](http://www.thewomenscenter.com/philadelphiawomenscenter/)
- **Planned Parenthood Locust Street**  
[www.plannedparenthood.org/health-center/pennsylvania/philadelphia/19107/locust-street-surgical-center-3360-91460](http://www.plannedparenthood.org/health-center/pennsylvania/philadelphia/19107/locust-street-surgical-center-3360-91460)
- **Planned Parenthood Far Northeast**  
[www.plannedparenthood.org/health-center/pennsylvania/philadelphia/19154/far-northeast-surgical-center-3441-91460](http://www.plannedparenthood.org/health-center/pennsylvania/philadelphia/19154/far-northeast-surgical-center-3441-91460)
- **Planned Parenthood Norristown**  
[www.plannedparenthood.org/health-center/pennsylvania/norristown/19401/norristown-abortion-center-3952-91460](http://www.plannedparenthood.org/health-center/pennsylvania/norristown/19401/norristown-abortion-center-3952-91460)
- **Planned Parenthood West Chester**  
[www.plannedparenthood.org/health-center/pennsylvania/west-chester/19382/west-chester-surgical-center-3918-91460/abortion](http://www.plannedparenthood.org/health-center/pennsylvania/west-chester/19382/west-chester-surgical-center-3918-91460/abortion)
- **Delaware County Women's Center**  
[www.thewomenscenters.com/philadelphiawomenscenter/?utm\\_source=PHL%20appt%20request&utm\\_medium=GMB](http://www.thewomenscenters.com/philadelphiawomenscenter/?utm_source=PHL%20appt%20request&utm_medium=GMB)
- **Allentown Women's Center**  
[allentownwomenscenter.com](http://allentownwomenscenter.com)
- **Planned Parenthood Keystone (Several locations in Central PA)**  
[www.plannedparenthood.org/planned-parenthood-keystone/for-patients/our-health-centers](http://www.plannedparenthood.org/planned-parenthood-keystone/for-patients/our-health-centers)
- **Senator Tim Kearney's Website**  
[www.senatorkearney.com/abortion-access/](http://www.senatorkearney.com/abortion-access/)

Thanks to the **Abortion Liberation Fund of PA** for providing a great template for this resource guide.